

6. Implementing the Sunnah into daily life

Following the Sunnah is a command from Allah:

"Say (O Muhammad to mankind): "If you (really) love Allah, then follow me (i.e. accept Islamic monotheism, follow the Quran and the Sunnah), Allah will love you and forgive you your sins. And Allah is Oft-Forgiving, Most Merciful." **(Quran: 3:31)**

Almighty Allah says: "There certainly is an excellent example in Allah's messenger for he who fears Allah and the last day and remembers Allah abundantly" **(al-Ahzaab 21)**

By following the Sunnah in every aspect of our daily lives, everything we do will become worship, even going to the toilet, having a bath, dressing & undressing etc.

Annas (RA) reports Rasulullah (Sallallaahu Alaihi Wasallam) advised, "Whoever cherishes my Sunnah, indeed he cherishes me & whoever loves me will be with me in Jannah." **(Tirmidhi: 2678: Ibid)**

So let us cherish & revive the Sunnah this Ramadan:

Rasulallah (Sallallahu Alaihi Wasallam) said: "Whoever revives an aspect of my Sunnah that is forgotten after my death, he will have a reward equivalent to that of the people who follow him, without it detracting in the least from their reward." **(Tirmidhi)**